

GAN IZZY

lunch menu

2021

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| JUNE 28 Mac N' Cheese Steamed Veggies Cucumber Sticks Whole Fruit | JUNE 29 Meatballs w/ sauce Cooked Carrots Spaghetti Coleslaw Choc Chip Cookie | JUNE 30 Bring Lunch From Home | JULY 1 Shredded Chicken Tacos/Sauce Mexican Rice Israeli Salad Fruit Cup | JULY 2 Pizza Personal Salad Dressing Cooked Corn Brownie Bite |
| JULY 5 NO CAMP | JULY 6 Chicken Fingers White Rice Peas Whole Fruit | JULY 7 Bring Lunch From Home | JULY 8 Hot-dog/Hamburger Buns Lettuce, cucumber, tomato, pickle Ketchup/mustard Pretzels | JULY 9 Pizza Personal Salad Dressing Cooked Corn Brownie Bite |
| JULY 12 Baked Ziti Garlic Bread Dipping Sauce Cherry tomatoes Shredded Lettuce Chips | JULY 13 Falafel Pita Hummus Israeli Salad Whole Fruit | JULY 14 Bring Lunch From Home | JULY 15 Grilled Cheese Dipping Sauce Buttered Pasta Steamed Veggies Baby Carrots Choc Chip Cookie | JULY 16 Pizza Personal Salad Dressing Cooked Corn Brownie Bite |
| JULY 19 Hot-dogs Buns Cooked Corn Ketchup/mustard Fruit Cup | JULY 20 ½ Cucumber ½ California Sushi Veggie Lomein Edamame Coleslaw | JULY 21 Bring Lunch From Home | JULY 22 Chicken Fingers Pasta Pickles Whole Fruit | JULY 23 5 in Pie Personal Salad Dressing Brownie Bite |
| JULY 26 Baked Ziti Garlic Bread Dipping Sauce Cherry tomatoes Shredded Lettuce Fruit Cup | JULY 27 Chicken Fingers Pasta Pickles Whole Fruit | JULY 28 Bring Lunch From Home | JULY 29 Hot-dogs Buns Cooked Corn Ketchup/mustard | JULY 30 5 in Pie Personal Salad Dressing Brownie Bite |
| AUG 2 ½ Cucumber ½ California Sushi Veggie Lomein Edamame Coleslaw | AUG 3 Chicken Fingers Pasta Pickles Whole Fruit | AUG 4 Bring Lunch From Home | AUG 5 Hot-dogs Buns Cooked Corn Ketchup/mustard Fruit Cup | AUG 6 5 in Pie Personal Salad Dressing Brownie Bite |

Lunch will be packed and served individually. If your child will not be eating camp provided lunches, please email mendel@chabadofwestport.com

In addition there is available each day: Bread, Jelly, Tunafish, Egg Salad and Plain Pasta